

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

July 2026

10:00 Morning Get and Go
Work Out
10:30 Morning Zen!!
11:00-11:30 Snack and Chat
2:00 What that Sound!!!
4:00 News and Views!!

Canada Day

2 10:00 Morning Get and Go
Work Out
10:30 Morning Zen!!
11:00-11:30 Snack and Chat
2:00 Flag Day!!!
4:00 News and Views!!



5 10:00 Moring Coffee
10:30 Morning Church
2:00 Free Play
4:00 News Views

6 10:00 Morning Get and Go
Work Out
10:30 Morning Zen!!
11:00-11:30 Snack and Chat
2:00 Afternoon Workout
4:00 News and Views!!

7 10:00 Morning Get and Go
Work Out
10:30 Morning Zen!!
11:00-11:30 Snack and Chat
2:00 Bowling!!!
4:00 News and Views!!

8 10:00 Morning Get and Go
Work Out
10:30 Morning Zen!!
11:00-11:30 Snack and Chat
2:00 Table Tennis!!!
4:00 News and Views!!

9 10:00 Morning Get and Go
Work Out
10:30 Morning Zen!!
11:00-11:30 Snack and Chat
2:00 What that small!!!
4:00 News and Views!!

Afternoon



11 10:00 Morning Coffee
10:30 Morning News
11-11:30 Morning Workout
2:00 Free Play!!
4:00 New and Views

12 10:00 Moring Coffee
10:30 Morning Church
2:00 Free Play
4:00 News Views

13 10:00 Morning Get and Go
Work Out
10:30 Morning Zen!!
11:00-11:30 Snack and Chat
2:00 What's comes in 5!!!
4:00 News and Views!!

Family Feud!!!!



Bastille Day

15 10:00 Morning Get and Go
Work Out
10:30 Morning Zen!!
11:00-11:30 Snack and Chat
2:00 Would You Rather!!!
4:00 News and Views!!

16 10:00 Morning Get and Go
Work Out
10:30 Morning Zen!!
11:00-11:30 Snack and Chat
2:00 Afternoon Art
4:00 News and Views!!

Afternoon



18 10:00 Morning Coffee
10:30 Morning News
11-11:30 Morning Workout
2:00 Free Play!!
4:00 New and Views

19 10:00 Moring Coffee
10:30 Morning Church
2:00 Free Play
4:00 News Views

20 10:00 Morning Get and Go
Work Out
10:30 Morning Zen!!
11:00-11:30 Snack and Chat
2:00 Free Play
4:00 News and Views!!

Take out Day!!!



Art Class!!!



22

23 10:00 Morning Get and Go
Work Out
10:30 Morning Zen!!
11:00-11:30 Snack and Chat
2:00 What that small!!!
4:00 News and Views!!

Afternoon



24

Merry Christmas In July!!



26 10:00 Moring Coffee
10:30 Morning Church
2:00 Free Play
4:00 News Views

27 10:00 Morning Get and Go
Work Out
10:30 Morning Zen!!
11:00-11:30 Snack and Chat
2:00 Reading and Question!!
4:00 News and Views!!

28 10:00 Morning Get and Go
Work Out
10:30 Morning Zen!!
11:00-11:30 Snack and Chat
2:00 What Comes Next!!!
4:00 News and Views!!

Bingo!!!

29



Cheesecake Day!!!

30



Ice Cream Party!!

31



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